

Energy, Entities & Hypnotherapy

By

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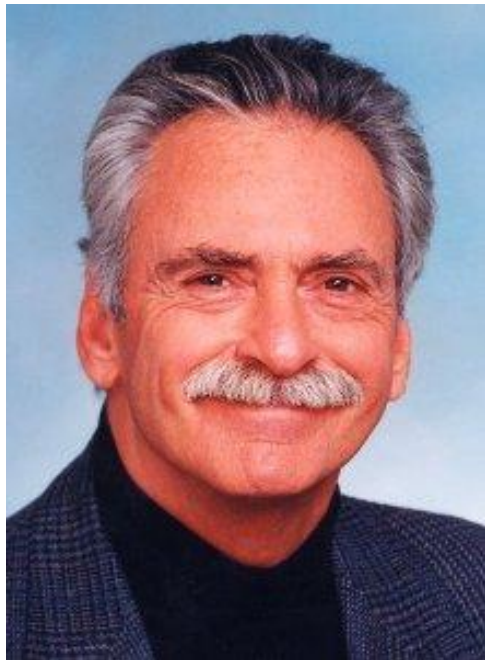
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Monsters Of The Id

By

Charles Wm. Skillas, PhD, DD

What are the monsters within us that keep us sick -- that keep reigniting the flames of misery when we think we have snuffed them out by wondrous therapies, only to have them reappear stronger than before? We do what the therapist says – we think we have cleared ourselves – we take the potions, guaranteed to heal us and maybe we feel better for a short while ... only to have the malady recur and we feel bad again. What in us causes this to happen?

The culprits are monsters in the subconscious mind called Negative Forcing Functions. These negative energy generators keep adding energy to the negative subconscious programs within us that make us feel bad. Bad things that happened to us in this life or past lives; unresolved internal conflicts; bad physical genetics from our ancestors, and attached entities create Negative Forcing Functions. These Negative Energy Generators keep reinforcing the negative programs they formed within us and continuously re-stimulate our problems.

As long as Negative Forcing Functions remain in the subconscious, no therapy can be successful over the long term. As soon as therapy stops, the problem is restarted from the Forcing Function energy and the difficulty is re-created. The negative program created by the Forcing Function continues to operate and is continually reinforced by the energy. Since the programs in the subconscious determine the sufferer's behavior and response to life - he is miserable again.

The only way to achieve permanent healing is to eliminate the Negative Forcing Functions from the subconscious self and the only way into the subconscious is through hypnosis. Therefore, a competent Hypnotherapist will find and remove the Negative Forcing Functions and reprogram the subconscious. Then the sufferer is healed permanently.

The reason most therapy fails is that the therapist cannot reach the subconscious self if there is an attached entity on the person. The entity is one of the Negative Forcing Functions. To find and eliminate the other Negative Forcing Functions so that the subconscious bio-computer can be re-programmed, the therapist must first release any entities there. Entity attachment is a formidable barrier to reaching the subconscious self.

The majority of therapists does not believe in entity attachments or are afraid to deal with them -- so, they do not and their therapy is mostly ineffective. For instance -- if the Negative Forcing Function is from something that happened in a previous life, regression therapy is required to find and release the negative energy associated with the event – but, if there is an attached earthbound spirit on the person, the regression is done on the attached entity and not on the person. All the psychotherapy in the world on the attached spirit is not going to help the person with the problem.

So, if you have monsters in you preventing you from getting permanently well ... seek out a Hypnotherapist who knows how to deal with Spirit Attachments and the other Negative Forcing Functions, and your life can really change for the better.

Want To Live Good? ... Then Get Yourself Fixed!

By

Charles Wm. Skillas, PhD, DD

If you feel rotten in mind or body, you need to get fixed. Your will to physically live or die exists at the root of your Subconscious Mind. Life or death is directly tied to your Subconscious Mind's fundamental need to create. If this need is frustrated, the Subconscious will kill the body. The will to live pushes the Subconscious to heal the physical body when it is injured or sick, but it does this only because it wants to continue to express its creative ability. If this expression is thwarted, then the will to live becomes the will to die. If this happens, the Subconscious may aggressively destroy the body through accident-proneness or by refusing to support the body against invading pathogens by turning off or attacking the immune system.

Subconscious Mind safeguards our physical life. It generates hunger pangs if food is required and exhibits preferences for the foods we need. In its protective role, it alerts us to survival threats -- or it can engender an environment favorable to illness and injury. Unless we have a strong desire to live, it will not try hard to keep us well. Unless we are positive about life, Subconscious Mind will not provide the energy to attain our goals. Subconscious Mind directly mirrors our will to live. If you hate life or are always unhappy, subconscious mind will see to it that you don't have to live very long. If you have no positive dreams for your life ... that is tantamount to rejecting life and you will die. Subconscious Mind won't keep you around very long if you really don't want to be here.

Subconscious Mind controls our physical body, but we can influence it. Consciously, we can command it to provide the energy we need to accomplish goals or to heal us if we are clear. Both of these commands require that we be passionate about life. The Subconscious is crazy about passion. With passion, you can get it to do almost anything. Without passion, no matter how much you might want something -- forget it. You won't get it. To be passionate about life, you must feel good. To feel good, you must be clear. To get clear, you have to heal.

Only our Subconscious Mind can heal us. There is no medicine, person or thing outside of us that does this. Through Subconscious Mind using Hypnotherapy, we can heal by clearing Subconscious Negative Forcing Functions (negative energy generators) and reprogramming positively. Entity attachments (one of the Negative Forcing Functions) must first be released and then the rest of the Subconscious can be cleared and reprogrammed for life instead of death. Then you feel good instead of rotten and live long and happily.

The Truth

After God created the world and settled man and woman there, He wanted to place the Truth somewhere in the world where humans would eventually find it, but not before, they attempted to figure it out for themselves. He asked the Archangels for advice. One Archangel suggested that the Truth be placed at the top of the highest mountain. A second Archangel cautioned that man would quickly crown the highest mountain peak. Another Archangel suggested placing the Truth at the bottom of the sea. The second Archangel again cautioned that man would soon fathom the deepest ocean. Suddenly inspired, a third Archangel said, "Let's place the Truth deep inside every person. They won't look there for a long, long time." And ... that is exactly what God did.

Introduction

Most of us do not realize that our mental, emotional and physical health depends on the flow of life force energy (Chi) through our bodies and if it is blocked, we have serious problems. The more severe and long lived the blocks, the worse the problems become. The blocks are caused by "bad things" that happened to us in this life, past lives, unresolved internal conflicts, genetic carryovers from our ancestors and from the attachments of foreign energies. These "bad things" produce negative energy generators in our subconscious mind called Negative Forcing Functions.

These Negative Forcing Functions do two things: (1) they block the flow of Chi through your body and (2) they install negative programs onto your subconscious computer's "hard drive" and then **constantly reinforce them**. The integration of all the programs on your "hard drive" determines how you behave and how you feel. To change how you behave and feel requires that the programs be changed. This can only be done effectively by first eliminating the negative energy reinforcing your bad programs and then reprogramming your subconscious hard drive. Then change happens and it is permanent.

The only way to find and release the negative energies and then reprogram your subconscious hard drive is with hypnosis because it is the only way to directly access the subconscious mind. If there is any foreign energy on you (entity attachments), they must first be removed before any other work is done because entity attachments block access to the internal subconscious. Sometimes, just releasing the entities brings remarkable change, because if the entities brought problems, when they leave, they take their problems with them. Usually, however, the entities were attracted by your problems and just add to them. Your problems are what caused your "Guardian Chi" (your protective psychic defense system) to be down and that is why the entities were drawn to you and were able to get onto you.

So, if you feel bad, mentally emotionally or physically, try to get to the source of your problems ... get rid of them rather than just continually "band aid", and struggle with life. Most western medicine is allopathic in that symptoms are treated with medicines so that we don't feel the symptoms anymore. This is of great help, but eliminating the source of the symptoms is better I think. Remember that the symptoms ... pain, fatigue, anxiety, depression, addictions, feelings of worthlessness, hopelessness, etc. are the symptoms, not the causes of your problems. The causes are the Negative Forcing Functions in your subconscious mind. Get rid of them and healing happens!

How Disease Occurs --- A Model

The oldest known model of how disease occurs ... the one, whose origins are buried in antiquity, is the Chinese and Indian model. It says that: **“Improper functioning of the cells of the body is the one and only general cause for disease”**.

Each organ has an "organic mind" made up of a "group mind" of a number of cells, each of which cell has a cell-mind of its own. In the case of the liver, for instance, the millions of cells composing it have a community mind that acts as the liver mind and is controlled by the Subconscious unless interfered with by the Intellect. Each cell community has an instinctive knowledge of what its job is and its regenerative process. The cells continually regenerate the body. Every part of our bodies is repaired constantly by fresh material.

Cells regenerate themselves by continually cloning themselves, making new cells exactly they like they are now. We have a new liver every 8 mos. Our skin is new every 28 days. We get a new stomach lining every week. Every 7 years we are completely new.

Cell communities need at least four things to be healthy. These are: 1) Oxygen; 2) Water; 3) Food; 4) The Life Force Energy (Chi). In our society, our cells usually get enough air, water and food, but not always, the amount of Life Force needed for health because the energy gets blocked. If cells do not get sufficient Life Force Energy to do their work, they become defective and begin to clone in an inverse geometric progression as defective cells. If the energy deprivation is not corrected, the cell communities ultimately dysfunction and disease, mental and physical, takes root.

Life Force Energy = Prana = Ki = Mana = Chi

Prana is the Hindu term for the Life Force Energy. The Japanese call it Ki; the Polynesians call it Mana. Chi is the Chinese term. I use the term Chi. Chi flows through the body's energy meridians (channels) to the cells stimulating them to function perfectly including getting rid of their toxic wastes. **If Chi cannot reach the cells or is reduced, the cells are deprived of the Life Force and become defective.** Blockages in the body's energy pathways (Chi Meridians) or the Main Energy Centers (Chakras) cause this to happen.

Auras:

Basic physics tells us that when an electric current flows through a conductor, an electromagnetic field is created around the conductor. The strength of this field is directly proportional to the amount of current flowing through the conductor. If there is a lot of resistance (blockage) to the current flow, the field is diminished. When the resistance is low, the current increases as a function of the resistance and the voltage. This is Ohm's Law in electricity.

The Chi Life Force can be compared to an electric current flowing through the body (conductor). Blockages in the Chakras or Energy Meridians are akin to resistance in the electrical conductor. The aura around a living body is caused by the Chi flow through the body, just like an electromagnetic field surrounds an electrical conductor. If the body's aura field is suppressed, this indicates a high resistance (blockages) to the Chi flow through the body since the aura is actually the body's electromagnetic field just like in the electrical analogy. This electromagnetic field can be photographed or detected with instruments

Chakras:

The Chakras are the body's main energy centers. These are vortices revolving at great speed, corresponding to a specific frequency consistent with each one's specific task and manifested by the color of the vibration. There are 7 main Chakras and are centered on the 7 endocrine glands:

1. Reproductive - Base
2. Pancreas - Spleen
3. Adrenals - Plexus
4. Thymus - Heart
5. Thyroid - Throat
6. Pineal - Third Eye
7. Pituitary - Crown

Chi comes into the Chakras on the intake breath. The Chakras act like transformers to change the character of the Chi energy to that required by the different endocrine glands of the body and feed this modified energy into the Chi Meridians for distribution to the body's cell communities.

The Chi Meridians are the pathways through which Chi flows to various parts of the body and mind. The modified Chi energies all travel through the energy pathways at the same time and are kept separated by frequency and phase, much like multiple telephone calls are transmitted through a fiber optic cable simultaneously without interference. Each cell community has an impedance matching system which allows the correct energy frequency and phase to pass through it, like a gate and rejecting energy not conforming to the particular cell community's requirements.

Each Chakra vibrates (spins) at a different frequency consistent with the color traditionally associated with each Chakra. The colors are all the primary colors of the rainbow. The base Chakra is #1 Chakra and it vibrates at the frequency of the color red. The #2 Chakra (Spleen) at orange, #3 Plexus at yellow, #4 Heart at green, #5 Throat at blue, #6 Third Eye at indigo and #7 Crown at violet.

Energy Blocks:

Negative Forcing Functions are energy generators in the subconscious mind that distort the body's energy field, causing blocks to form in the Chi Meridian Pathways. The blocks are similar to bending your garden hose to reduce the flow of water through it, or throwing rocks into a stream. The flow is reduced. The blocks are like inserting resistance into an electrical circuit. The current is reduced.

Bad things that happen to us in this life, past lives, genetic ancestral carry-overs, internal conflicts or attached entities cause Negative Forcing Functions. These, not only disrupt Chi flow through the body, but also install and continuously reinforce negative programs in our subconscious bio-computer, which govern our behavior and response to life. As long as Negative Forcing Functions exist in the subconscious, their harmful programs are continuously reinforced and the energy blocks keep reforming causing cell community dysfunction and thus diseases of the mind and/or body.

The ancient Chinese knew that blocked Chi Meridians cause disease, so they created Acupuncture to open these blocks and it works, for a time. The Japanese created Shiatsu to do the same thing and it also works for a time. **However, just clearing energy blocks is not the total answer to health. If the Negative Forcing Functions remain in the subconscious mind, the blocks will reoccur and the same illness conditions will manifest again.**

What I Discovered About Energy Clearing:

I did energy clearing alone for about 5 years. People would come to me with all kinds of problems, mental, emotional and physical. I would clear and balance their Chakras and clear their Chi meridian points and they would, invariably, feel better. A few weeks later, they would come back complaining of the same problems. I would clear them again and they would feel better. This went on repeatedly. This also happens with medicine, massage, chiropractic, Tai Chi, Yoga, etc. They all clear the energy blocks temporarily.

Hypnotherapy Solves The Real Problems:

Realizing that energy clearing was only a temporary fix, I studied hypnosis because it is the only way into the subconscious wherein is buried the illness causes (The Negative Forcing Functions). Hypnotherapy is therapy done under hypnosis. I began using hypnosis with energy clearing and soon saw longer lasting results. In hypnosis, I could find and release the Negative Forcing Functions causing client problems and then positively reprogram their subconscious mind, which changed their behavior and response to life. This proved to be the way to permanent healing.

An example: A child is constantly told (by parents, peers, etc.) that he is worthless. This produces the Negative Forcing Function (feeling of worthlessness) which **blocks Chi flow, and the bad programming (no one is worthless) causes low self-esteem. The combination of blocked Chi flow and the bad program causes illness.**

Under hypnosis, the Negative Forcing Function of worthlessness can be identified and released, and the installed negative program causing the person to believe he is worthless can be replaced by programming which acknowledges the person's value. With the Negative Forcing Function eliminated, the energy blocks dissolve and the body's energy paths stay open thus permitting the Chi to vitalize the cells and health and positive self-image is restored and maintained.

Hypnosis Misconceptions:

With relaxation hypnosis, our bodies are very relaxed... but, the deeper the hypnosis; the more alert is our conscious mind. All five senses are more sensitive. When you totally accept a suggestion in hypnosis, the suggestion goes into the subconscious and you have a new program. However, if the suggestion is even the slightest bit against your morals or beliefs, it is rejected. If it is allowed to enter, you will have the change you want ... if it is rejected, there is no change

ALL hypnosis is self-hypnosis. Everybody hypnotizes themselves. The hypnotherapist can guide you into a deep state of hypnosis and show you how to stay there until the work is done. However, if you do not want to be in hypnosis for any reason ... the slightest thought by you and it is over and you are back to your normal state of awareness. Hypnotherapists cannot force suggestions into your mind. Only YOU can ALLOW it to happen. **Hypnosis is a 100% consent state by you. Fear is the only thing that keeps a person from going into hypnosis.** It's a fact that the more intelligent a person is, the easier and deeper into hypnosis he is capable of going.

Another misconception is that Hypnotherapists can control you and make you do anything under hypnosis. This is not true. It is true that you are more receptive to suggestion under hypnosis, but if I told you to rob a bank, you would not do it unless you really wanted to rob the bank.

A big misconception is that you will divulge all your innermost secrets when in hypnosis. Because of your increased mental alertness, you are more in control of anything you choose to do or say while hypnotized than you are in your normal state of awareness. If you do not want to tell something then you will not. Actually, if I wanted information from you, I would have a far better chance of obtaining it in your normal conscious awareness, because you are mentally dull compared to your hypnotized state.

Many people believe that hypnotized people are unconscious and do not know what is happening. That is a total misconception. Hypnotized people are always aware of everything they say or do. Hypnosis in Greek means "a state of sleep," but hypnosis is nothing like sleep. In the hypnotic state, the conscious mind is always alert, regardless of how deep the trance state. If an EEG is taken of a person in deep hypnosis and one in normal wide awake alertness, the EEG's are the same. Hypnosis is just bypassing the critical factor of the conscious mind and establishing selective thinking.

A hypnotized person can be led to do only what he considers appropriate in any particular situation and time. If taking part in a stage demonstration, he may perform acts that appear humorous to the audience, if he considers them socially acceptable in that situation. He will not perform any act he considers socially or morally unacceptable, even if commanded to do so.

Spirit Releasement Therapy (SRT)

At first, I just used regression or parts therapy to find the Negative Forcing Function issues causing energy blocks. This worked well but I often found I was doing therapy on an attached entity and not the client. By doing Spirit Releasement on the client first, I can be sure that I am dealing only with the client. Doing psychotherapy on the entity doesn't help the client. Actually, I found that most any kind of therapy done on a person who has entity attachments is fairly useless because the results don't last. Clients are just wasting their time and money until the entities are removed. **You just cannot effectively reach the subconscious self if an external energy is present.** Entities are a barrier to the subconscious.

An attached earthbound spirit brings with it the energy of its life and its death. This means that if a spirit in life was sick, or fat, smoked, or used drugs - this energy comes with it to the one attached. Even if the spirit is of someone in life who loved you, they still bring with them their negative stuff - - and just the attachment alone drains your energy because it a parasite.

There is nothing good about any attachment, no matter who it is. The attached spirit must be made to leave and when it does - whatever it brought with it also leaves ... Therefore -- if the spirit brought the client's problem, when it leaves - - so does the problem and the client is free of the spirit's difficulty once the negative program it created is corrected.

The concept of Spirit (Entity) Attachment is very ancient and yet it is mostly ignored in our modern society. Clinicians throughout the world find entity attachments on their clients. In most cultures treatment of spirit possession is the domain of the shaman, medicine man, or priest. All kinds of rituals are used to remove spirits, from chanting and using incense, to beating with sticks. Burning of incense is a widely used ritual in most Catholic, and Greek and Russian Orthodox Churches to purify the surroundings. Christian Baptism is a kind of exorcism purification. Scandinavians and Russians sweat in the sauna and beat one another with branches for purification. Jesus cast out "unclean spirits" to heal, and instructed his followers to do likewise. Protestant clergy do "deliverance" on possessed people. Spirit attachment of a live human being by a discarnate entity or other foreign energy is accepted in most cultures. Many authorities say that **ninety percent of the world believes in spirit possession.**

Many clinical situations suggest that the disembodied consciousnesses of dead humans and other foreign energies can affect living people by attaching to their subconscious minds causing negative physical and/or emotional problems. This is called "spirit or entity attachment." When the clinician finds a client with a sore neck and clinical studies show there is nothing wrong with the neck and you find an entity on the client who died from a broken neck and you remove the entity and the neck pain disappears, it makes you think that something is going on here. Traditional Western therapists generally reject the idea of past life therapy because it is based on reincarnation and they also reject the idea of spirit attachment because it is scary. Accepted or not, entity attachment happens, it happens often, and causes a lot of trouble in modern society because its acceptance and treatment are ignored.

Spirit Release Therapy (SRT) often provides dramatic and immediate benefits, both mentally and physically. These benefits range from small positive changes to complete termination of otherwise relentless symptoms. The therapy is based on sound psychotherapeutic principles and clinical techniques originally developed by Dr. William Baldwin, Dr. Fred Leideker, Dr. Edith Fiore, Dr. Irene Hickman, and Dr. Carl Carpenter all of whom were my teachers. **SRT covers the treatment of attached earthbound spirits, demons, soul-mind fragments of another living or dead person's personality, thought forms, extraterrestrials and curses.**

Past Life Regression Therapy (PLT)

Reincarnation is a concept believed by most people in the world. It was a belief within the Catholic Church until the Council of Nicea banned it. Most Christian Religions do not believe in it and actively preach against it. Nevertheless, many Christians, in their deepest hearts, believe in reincarnation because it makes so much sense. I am Christian and I firmly believe in Reincarnation. When I was about three years old, I remember getting a revelation that I had lived before, I am living now and I will live again – ho hum! It was perfectly natural and made perfect sense to my three-year-old mind. It still does.

Reincarnation says that we live multiple lives to further our growth from ignorance to enlightenment. It is a way of expressing God, The Source of Life. We live each life as a learning experience. When we die, our immortal soul, which is the part of us that never dies and is a part of God, transitions into an astral plane of consciousness where we meet with spirit guides and teachers who help us determine what our next life should be as we develop.

If we did things in the previous life that were counterproductive to our enlightenment journey, then we have to do something in the next life to correct that shortcoming. This is karma. Once we live a sufficient number of lives to learn what we must learn, then we go back to God as a part of God and fuse into the everlasting source. Different people live different numbers of lives, but Dr. Arthur Winkler, who spent 50 years studying reincarnations, says that we live, on the average, about 2000 lives until we go back to God, from Whom we came.

Many illnesses, both physical and psychological, result from past life events. Much authoritative work is being done on PLT and many traditional psychotherapists are finding this therapy to be highly effective. They are finding that the present can really be healed through the past.

Past lives permanently impress our lives, and sometimes, manifest as today's illness. Hypnosis allows one to relive past lives and release the negative energy generators from the past permitting our bodies and minds to generate their own healing in this life. **Even if you do not believe in Reincarnation, the therapy works just as effectively to produce healing.**

Hypnosis And Reincarnation:

The subconscious level of the mind is a memory bank, or storehouse of memories. Every imprint, impression and experience we ever had is recorded and filed away in the subconscious. This is true regardless of whether the imprint or impression was experienced during the present incarnation or a past one.

In the state of hypnosis, a person is capable of accessing those imprints or impressions out of the storehouse of the mind and recalling them in detail. When the hypnotist gives proper guidance and suggestions, a hypnotized person is capable of recalling any incarnation ever experienced.

The Soul-Mind: Reincarnation is the process by which the soul-mind continues in another body. It is not the body that reincarnates ... it is the Permanent Subconscious and The High Self that reincarnate. This is the Soul-mind and is the mechanism, which records the sum total of a being's experiences through all incarnations, forming physical bodies and life-styles from their recordings. It is also called the Memory Bank, a permanent intellect or consciousness. It composes a person's individuality, and like the immortal soul, never dies.

What Reincarnation Is Not: Reincarnation is not a process that enables a body to come back to life again after it has died. When the soul-mind goes into a body, it stays with that body until the body dies. When the body dies, the soul-mind continues living in the "spirit plane." It remains there until it is ready to be reincarnated again in a new body.

Usually when the soul-mind reincarnates into a new body, the memories of all previous incarnations, as well as memories of the time in the spirit plane are repressed into the unconscious level of the mind, and cannot be recalled in normal, everyday situations.

Past Life Regression Practice: In clinical practice, the competent hypnotherapist who understands Past Life Regression usually finds both past life trauma and spirit attachment. Spirit Releasement Therapy (SRT) and Past Life Therapy (PLT) are intimately related in clinical application. Whatever caused the spirit attachment is often revealed in a past life. This must be resolved through Past Life Therapy.

The past life events experienced by a client may be part of the soul memory of that clients attached entity. **Even the best psychotherapy is of little value if it is being performed on the attached entity and not on the client.** Past Life Therapy done on a client who has entity attachments is useless for the client.

Parts Therapy

An excellent technique developed by Dr. Charles Tebbetts to resolve internal conflict Negative Forcing Functions that are generating conflict energy in the sub-conscious self and supporting negative programming relating to the conflict. Under deep trance hypnosis, I can speak to the parts of the client self engaged in conflict and by using adroit compromise methods affect an agreement, which resolves the conflict. This conflict resolution eliminates the client's internal conflict negative energy generators and he is healed of their negative effects.

The Skillas Therapeutic Process

Just releasing the entity negative energy generators often brings remarkable positive change, but frequently I must also release the client's other core Negative Forcing Functions with Regression or Parts Therapy to resolve issues from this life, past lives, internal conflicts or genetic problems to achieve permanent healing.

This procedure works extremely well, but the process of repairing cellular damage caused by long imbedded negative energy, and detoxification of the body from medication is greatly accelerated by Cellular Regeneration Hypnotherapy and - Acupuncture with Chinese Herbal Medicine for detoxification. If the resolved problems existed for a very long time, the process of re-establishing normal healthy brain wave function can be hastened through Neural Feedback Training. Therefore, what I ended up with as a therapeutic process is:

- 1. Spirit Releasement to release all entity forcing functions.**
- 2. Regression and Parts Therapy, including Past Life Regression, to uncover and release Negative Forcing Functions buried in the past and, to resolve internal conflicts.**
- 3. Resolve genetic/biological Negative Forcing Functions by correcting the subconscious' view of healthy normality.**
- 4. Reprogram the subconscious so the old imbedded destructive programs are wiped out and behavior and response to life changes positively.**
- 5. Repair cell damage and detoxify the body using Cellular Regeneration Hypnotherapy and/or Acupuncture with Chinese Herbal Medicine.**
- 6. Accelerate return to normal brain wave function with Neural Feedback Training if needed.**

Postscript

Therapy's purpose is to help people suffering from illness of any sort, be it physical, mental or spiritual. The deciding factor as to the validity of any therapy is: **does it help?** In our present state of evolution, we may not fully understand the absolute truth. **This therapy is true in the absolute and that is why it works even though we do not understand everything.**

In much of Western Christian Society, Spirit Attachment and Reincarnation are viewed as New Age and therefore, "of the devil", irrespective of the fact that most of the world believes in them. I have seen these therapies work for many suffering people who had run out of options. It matters little if general society believes in the therapy. **The objective is healing and not popularity.**

Practice Particulars

Dr. Skillas is a National Guild of Hypnotists (NGH) Board Certified Clinical Hypnotherapist and an NGH Certified Hypnotherapy Instructor and Fellow of the NGH. He also has a Doctorate in Spiritual Healing Arts (DD). He has practiced energy healing and Hypnotherapy since 1981 and is a member of the teaching faculty of St. Johns University and a Faculty Member of The National Board of Hypnotherapy and Hypnotic Anesthesiology.

He is Certified in: Advanced and Clinical Hypnotherapy, Hypnotherapy Instruction, Transformational Counseling, Cell Command Therapy, Spirit Releasement Therapy, Neurolinguistic Programming, Hypnotic Pain Control, Emergency Hypnosis and Past Life Regression Therapy. He is a member of: The National Guild of Hypnotists, The National Board of Hypnotherapists and Hypnotic Anesthesiologists, The National Federation of Neurolinguistic Psychology and The National Federation of Hypnotists. He has over 2700 hours of formal instruction in all aspects of hypnotherapy. He is also a Licensed Professional Engineer, listed in Who's Who in America and is President of the GA. Chapter of the National Guild of Hypnotists.

Dr. Skillas earned a PhD in Engineering, a Master's Degree in Business Administration, and has many years of experience in the Aerospace/Defense Industry as: Chief Engineer; VP of Marketing; and Consultant to the Department of Defense and Major Defense Companies of the Western World in Anti Submarine Warfare, Submarine Torpedo Defense, and Mine Countermeasures. The US Congress honored him for serving as expert witness and writing legislation to create the National Oceanographic and Atmospheric Administration (NOAA); and he was NH Co-Chairman of The NH/ME Bi-State Oceanographic Commission.

He helps distressed clients by uncovering and releasing the Negative Forcing Function energy generators within their subconscious that are causing their problems – and he then reprograms their subconscious so that permanent positive change occurs. To do this, he must first find and release any entity attachments, as they impede therapy on the real self. This powerful technique uniting energy clearing, entity release and therapeutic hypnotherapy is unique to Dr. Skillas.

No one can precisely predict how long therapy takes. The first session usually covers: problem background, client understanding of therapy philosophy, treatment plan development and initial therapy. This takes a minimum of two hours -- subsequent sessions are about two hours. The average number of sessions ranges from 3-6, depending on problem difficulty. The rate for Dr. Skillas' work is two hundred dollars per hour (\$200/hour). Because so many troubled people desire his work, it generally takes three - four weeks to get an appointment.